WHAT IS CLAIMED IS:

- 1. A mask, comprising:
- a shell provided with a perimeter and including an outwardly extending gas inlet conduit disposed generally opposite said perimeter;
 - a seal mounted to said perimeter; and
- a one-piece elastic headband provided with an opening through which said conduit extends to mount said headband to said shell.
 - 2. The mask according to claim 1 wherein said one-piece elastic headband is an annular elastic headband.
- 15 3. The mask according to claim 2 wherein said headband is provided with a pair of generally opposed ear holes.
 - 4. A nasal mask, comprising:
- a generally triangular hollow shell providing an internal gas chamber and including an outer generally triangular perimeter, said shell provided with an outwardly extending gas inlet conduit generally opposed to said perimeter;
- a seal mounted to said perimeter and for sealingly
 25 engaging portions of a person's face surrounding the person's
 nose; and
- an annular elastic headband provided with an opening through which said conduit extends to mount said headband to said shell, said headband for being stretched generally radially outwardly to surround the person's head and to

removably mount said nasal mask to said person for the receipt of breathable gas.

- 5. The nasal mask according to claim 4 wherein said head
 5 band is provided with a pair of generally opposed ear holes for permitting the person's ears to extend therethrough to assist in mounting said nasal mask to the person's head.
- 6. The nasal mask according to claim 4 wherein said 10 headband is approximately 1½ 2" wide.